



Learn Better with Positive Education and Mind Mapping

With **Sab WILL** : Trainer qualified in Positive Pedagogy (*La Fabrique à Bonheurs*), Mind Mapping & *iMindMap* (*ThinkBuzan*) and Applied Innovation (*OpenGenius*). Workshop leader with [Mind Map Mad](#), [Rainbow English School](#), [Creative Business Mind](#), [Fun English Lessons](#), [J'Apprends Donc Je Suis](#)

“Positive education” offers powerful techniques for optimising learning but remains little known and poorly understood. We explain clearly the main principles and show how to easily start putting them into practice in any class today. We use mind mapping, notably, to effectively illustrate several of these methods. This flexible tool which greatly helps long-term memorisation and comprehension, along with improved attention and motivation, allows us to quickly become more efficient and to perform better in a thoroughly “positive” fashion.

Objective

During the training course, you will discover an innovative but concrete method which takes into account the cognitive, emotional and physical needs of the learner. You will sample and test a variety of motivating tools and techniques such as PNL, *gestion mentale* (mental management), memory palaces, creativity, brain-gym and relaxation, with the focus on the learner. You will create mind maps related to your teaching objectives in order to increase the concentration, the autonomy and the confidence of the people you are working with. You will help them to reach precise learning goals.

Content

Part 1 Introduce	What is <i>positive education</i> ? Develop awareness of how learners function. Understand how memory works. Cover key points of knowledge acquisition and learning in general.
Part 2 Discover	Appreciate the utility of <i>mind mapping</i> & how to construct a mind map correctly. Establish the link between cognitive functions, daily activities, learning and the mind mapping tool.
Part 3 Practise	Exploit <i>positive education</i> principles and <i>mind mapping</i> to encourage effective learning. Know the benefits and limitations of the technique as well as most of the possible applications.
Part 4 Deepen	Understand the essential steps that will ensure the success of the learning process employing <i>mind mapping</i> . Intelligently incorporate other <i>positive</i> elements into a lesson or a teaching program.
Part 5 Apply	Adapt <i>mind mapping</i> to specific educational objectives. Clear examples and practical exercises showing how to use <i>positive education</i> and <i>mind mapping</i> in real-life situations.
Part 6 Conclude	A master plan for a new approach based on <i>positive education</i> and <i>mind mapping</i> . How to implement (and make the most of) these techniques in class and share them with others.

Methodology

The training highlights real situations experienced by the trainer, the participants and their pupils. The trainer refers to typical teaching sequences to stimulate discussion and reflection around learning habits and methods. Theoretical concepts are rapidly put into context with lively exercises to anchor important points. Case studies and teacher testimonials consolidate main learning points and the trainer will endeavour to address specific participant needs.

Attendees will receive a workbook to accompany them during the training. They will also receive various tools to help them set up effective positive learning activities in their own teaching environments.



Public

Teaching professionals, trainers, speech therapists, school coaches, educational psychologists...

Location

Mab'Lab
12 rue Clément
Paris 75006

Dates & Times

21-22 January 2017
18-19 February 2017
9h30 à 17h30.

Price

€250 TTC
Snacks and soft drinks included.

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